Workshop - Stephen Gilligan
Reden reicht nicht!

When Words aren’t Enough: Connecting with Somatic Intelligence for Generative Change

Stephen Gilligan, Ph.D

Psychologist, doctorate from Stanford University. Central member of the original NLP groups (1974-77), major student of Milton Erickson. He has been developing his Generative Change work for many years.


Most extraordinary experiences, both positive and negative, prominently feature somatic languages - a deep feeling, an emotional charge, a visceral connection, an out-of-control behavior, etc. It is thus puzzling that therapy and coaching approaches usually focus on verbal exchanges. This workshop explores how to use somatic intelligence as a primary base for creative change. We will see how integrally combining verbal and somatic languages can give birth to “small miracles” of transformational change. In Generative Change work, these experiential forms are developed equally in the client, the coach, and the relational connection between them. This opens a creative constellation field for systemic wisdom and transformation.

Objectives

The workshop offers a theoretical framework plus practical demonstrations, exercises, techniques, and case examples. It is a cutting edge of Dr. Gilligan’s work, one that will significantly improve both your coaching skills and personal creativity. Many types of somatic intelligence will be explored, including limbic resonance and attunement, “felt sense”, multiple versions of mindbody centering and somatic modeling (that is, posture and movement representations of goals/intention, resources, and problems).

Special Feature

This workshop will be translated simultaneously into German by Billie Birgit Traxler, an experienced professional Coach.

Organizational Details

Zeiten 1. Tag: 10.00 - 18.00 Uhr | 2. Tag: 09.00 - 17.00 Uhr | gesamt: 16 LE à 45 Min.
Ort Schloss Wilhelmienberg, Savoyenstraße 2, 1160 Wien | Salon Erzherzog Rainer | U3 und Bus 46A od. 46B
Kosten € 490,- (Netto zzgl. 20 % Ust.) | Anerkannter Bildungsträger: waff, wien-cert, Ö-Cert
(Pausensnacks inklusive, Mittagessen extra)
Teilnehmende Interne u. externe BeraterInnen, TrainerInnen und Coaches, TherapeutInnen, Lebens- u. SozialberaterInnen.
Abschluss Teilnahmewertes für "the green field - Systemische Beratung & Coaching"
Anmeldung & Information E-Mail: office@green-field.at
Telefon: +43 (0) 676 9400 271 (Christian K. Mang)
(bei Anmeldung bitte angeben: Name, Erreichbarkeit, Rechnungsanschrift)
Anmeldeschluss 27.04.2015
Stornos Stornierungen bitte nur schriftlich. Bei Stornierung ab vier Wochen vor dem Seminartermin werden 50 % des Seminarpreises verrechnet, ab zwei Wochen vor dem Seminartermin werden 100 % verrechnet. Eine Absage durch den Veranstalter kann aus triftigen Gründen (z.B.: Ausfall des Vortragenden, Teilnehmermangel) erfolgen. AGBs siehe WebSite.